



Columbus Isle

Club Med Spa by L'OCCITANE

TREATMENT MENU

The L'OCCITANE® Spa welcomes you from 9:00 a.m. to 7:30 p.m.
For reservations, please visit the L'Occitane Spa reception,
or dial ext. 3155 from your room.

FACE

TIME

ANTI-AGING	Immortelle Secret of Youth	Firm and lift	60 min
	Immortelle Secret of Brightness	Brighten and lift	60 min
	Immortelle Divine Secret to Everlasting Youth	Exceptional anti-aging for face and decollete	90 min
DETOXIFYING	Angelica Fountain of Glow	Hydrating and re-plumping	60 min
	Shea Nourishing Comfort	Soften, repair and protect skin	60 min
	Verdon Vivifying Facial for Men	Revitalize and moisturize for a glowing re-energised complexion	60 min
AREA-FOCUSED	Immortelle Youthful Eyes	Boost microcirculation for refreshed, rested eyes	30 min
	To complete your facial, a comedone extraction is available as an add-on extra cost		
*Comedone extraction is included in Immortelle 'Divine Secret to Everlasting Youth'			

BODY

TIME

BODY MASSAGES	Deep Tissue Intense Relief	Ease muscular tension, refresh and rebalance	60 min/90 min
	Relaxing Aromachologie Massage	Ease muscle tension and relieve stress	60 min/90 min
	Verbena Body Massage	Moisturize and immediately refresh tired skin	60 min/90 min
	Revitalizing Aromachologie Massage	Reinvigorate the body and mind	60 min/90 min
	Lavender Soothing Massage	Body relaxation and wellness	60 min/90 min
	Columbus Isle Signature Massage	Relax, gently stretch and detoxify	60 min/90 min
	Blissful Cocoon For Mom-To-Be	Relaxing and tension releasing	60 min
	Re-Energizing Sun Stones	Improve energy flow of 7 Chakras to rebalance mind and body	90 min
	Aromatic Harmony Massage	Soothing, refreshing, rebalancing, releasing stress and tensions	90 min
Shea Nurturing Massage	Ease muscle tension, soften and nourish skin	90 min	
BODY TREATMENTS	Almond Detoxifying Balance	Boost circulation, detoxify and eliminate water retention	60 min
	Almond Silhouette Reshape	Improve body contours	60 min
LOCALIZED TREATMENT	Aromachologie relaxing Back Massage	Melt away tension and stress	30 min
TREATMENT	Leg Refresher with Essential Oils	Relieve heavy legs and soften, nourish and protect skin	45 min
BODY WRAPS	Detoxifying Almond Body Wrap	Release toxins and purify	45 min
	Shea Ultra- Moisturizing Body Wrap	Hydrate, nourish and soften	45 min
	Club Med Signature Body Wrap-with Coconut Milk	Hydrate, nourish and soften	45 min
BODY EXFOLIATIONS	Club Med Signature Body Scrub with Shredded Coconut	Eliminate dead, dry skin to soften and smooth, ideal for dry skin	45 min
	Shea Nourishing Scrub	Eliminate dead, dry skin to soften and smooth, ideal for dry skin	45 min
	Almond Firming Paste Scrub	Revitalize and condition skin, ideal for all skin types	45 min
	Steam Shower	Offers available at the Spa	

CHILD / TEEN (8-17)

TIME

FACE	Angelica Cheek Facial (age 8-17)	Refresh, hydrate and nourish	30 min
BODY	Relaxing Aromachologie Massage (11-17)	Ease muscle tension and relieve stress	30 min

*Spa Packages are also available at the Spa